

# COME JOIN US FOR JUMP DAY 2011



Saturday, February 26 at 10am



Students, parents, and siblings, you are all invited to join us on Saturday, February 26<sup>th</sup> at 10:00am for Deep Creek Elementary's 1<sup>st</sup> ever JUMP DAY! This is a culminating event for our 2011 Jump Rope for Heart Event. This event will be sponsored by the DCE Wellness Committee and the Community Relations Committee.

Jump Day will consist of a variety of jumping related stations and challenges. All participants will meet in the DCE gym around 9:45am. "Jump Day" will begin at 10:00am.

The purpose of this activity is two-fold. In addition to being a great way for our staff, students, and community members to come together and exercise, we are also encouraging participants to bring a \$1 donation per person for the American Heart Association. As many of you know, Jump Rope for Heart is an activity that we do every year to promote heart health through regular exercise and education. We have several students here at DCE who are "Heart Survivors". The donations we collect and the information we share could help save another person's life in the near future. We thank you all for supporting this community based fundraising activity and we hope that you will be able to attend.

## INCENTIVES:

- All children participating will receive a special toe token.
- Children can earn additional toe tokens for completing certain challenges during Jump Day.

If you are planning to attend, please fill out the form below and return to DCE by Wednesday, February 23<sup>rd</sup>, 2011. We hope to see you there!!

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(Return this form below to DCE by Wednesday, February 23<sup>rd</sup>)

We are planning to attend "Jump Day" on Saturday, February 26<sup>th</sup> at 9:45am (if you have more than one family member that is a student, please return only one form...thanks!

Student: \_\_\_\_\_ Classroom Teacher: \_\_\_\_\_

Number of family members attending: \_\_\_\_\_